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Matthew and Paula Daniel moved into their East Memphis home in 2001 and knew they'd eventually endeavor to update the 1980s era kitchen. They put the plan into action last year, also adding on a den and back porch. Tim Disalvo and Company guided them through the renovation.

Disalvo began by adding distinctive wooden beams, mined from a 100 year old barn in Mississippi, across the ceiling. The weathered wood creates a country-flavored, rustic mood in the room. The layout of the kitchen worked well for the family, but all the elements of the space needed

revamping. "We kept the footprint the same," says Mr. Daniel of the kitchen floor plan. The island was replaced, granite countertops were installed, and distressed white cabinets – a choice that complements the wood beams – were built. The floors, originally Mexican tile, were not a favorite of the Daniels. But instead of taking on the extra cost of replacing the floors, they stained the existing tile for a completely new look. Finally, all new, stainless steel appliances from Cenwood Appliance – including a gas stove, built-in ice maker, drawer microwave and double oven – make the kitchen much more chef-friendly.